



Services for Young Children

Food Banks in Hampshire – Family Information and Services Hub

Find information about Food Banks and Community Pantries in your area

Food Banks and Community Pantries support to families and individuals who may be struggling to buy necessities such as food as a result of financial hardship.

Our Family Information and Services Hub has details about where you can find both of these provisions in various locations across Hampshire. Please do share this information with the families you work with should they need it.

[connect4communities | Family Information and Services Hub \(hants.gov.uk\)](https://connect4communities.hants.gov.uk)

Food banks typically work through a referral system, whereby those referred to the service are provided with a voucher which are exchanged for emergency food at the food bank. Food banks work with partner organisations such as Citizens Advice who will carry out the referral and provide the vouchers. The referral process will vary from location to location, and information on the specific processes can be found on the Family Information and Services Hub.

Community pantries, on the other hand, work on the principle of giving those in need the opportunity to have a 'helping hand' by getting food at a lower rate on a weekly basis. Items found in the pantry will be a range of fresh, frozen and general foods which will change on a weekly basis. Access to a community pantry is by way of membership, and for a small weekly contribution, members receive food to a significantly higher value. For example, members are charged a nominal sum of £5 per shop and receive £15 plus worth of goods.